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Welcome to Strada Healthcare,
Access Care Onsite, Nearsite, and Virtually



Our Approach to Healthcare

At Strada Healthcare, your well-being is our priority. Our mission is to provide you with an exceptional healthcare experience, free from the customary nuisances of waiting rooms, hurried appointments, and unexpected bills. We prioritize the doctor-patient relationship, treating you not just as a patient but as family. Thanks to our collaboration with Midwest Labs, we are delighted to offer you and your family unmatched access to onsite, nearsite, and virtual care, **all at no cost to you**. Your health journey is now marked by convenience, quality, and a genuine commitment to your well-being. Welcome to Strada.

Healthcare Options From Strada

On-Site Clinic

Where you work, we care

Near-Site Clinic

Healthcare down the street

Virtual Visits

Available wherever you are

24/7/365 Telemedicine

After Hours Care, Anytime



Personalized Care

Enjoy unrushed appointments entirely focused on your health & wellbeing



No Cost to You and Your Family

All visits with Strada are FREE to you and your covered dependents.



Unlimited Access

Use Strada as often as needed. We enjoy caring for you!



Focused on Prevention

We spend more time with you and are focused on keeping you healthy.



Flexible Scheduling

Schedule visits onsite, nearsite, or virtually. The ultimate convenience!



Minimal Wait Times

We offer same-to-next day clinic appointments.

Access Care Where it Makes Sense for You

You have multiple options on where you can access care through Strada Healthcare. Schedule On-site at Midwest Labs, Nearsite at our clinic on 118th & Nicholas, or wherever you are with a virtual visit!



Scheduling at On-Site Clinic

Call or text us to schedule an appointment.

531.201.4146

Our on-site clinic in the steamfitters building located at:

13505 B Street

Clinic Hours:

Monday: 8am - 12pm

Wed: 12pm - 4pm

Friday: 10am - 2pm



Scheduling at Our Near-Site Clinic

Call or text us to schedule an appointment at our on-site clinic in the steamfitters building.

531.201.4146

Clinic Hours:

M-F 7am - 4pm



Access Virtual Care

You can schedule a virtual visit with a Strada provider M-F between 7am and 4pm.

For after hours care, Strada has a partnership with First Stop Health which has doctors available 24/7/365.

Call 1.888.691.7867



Dr. Joel Bessmer
Founder & Medical Director
Strada Healthcare

"Healthcare should be about more than just treating sickness today, it should be a journey focused on prevention, personalized care, and empowering individuals to live their healthiest lives."^w

Frequently Asked Questions



How do I schedule an appointment?

If you are interested in scheduling an appointment for either the onsite clinic or near site clinic on Nicholas Street, simply text or call (531) 201-4146.



How do my family members access this benefit?

The dependents who are on your insurance plan can be seen at the near site clinic on Nicholas Street. If they would like to schedule an appointment they can text or call (531) 201-4146. The employee does not need to be present at the appointment, nor make the appointment for family members to access the benefit.



Where is the onsite clinic located for Midwest Labs?

We are in the old Steamfitters building on 13505 B Street. We are just to the left after you enter the main entrance off of B Street.



What are the hours for the nearsite clinic?

The hours of operation for the near site clinic on Nicholas Street are
Monday - Friday: 7:00am - 4:00pm



What is included in this benefit?

Any care that you receive at both the onsite and near site clinics are at no cost to you or your family members. There are no copays, there are no lab fees, there are no office visit fees, and there are no service fees. You can have your annual labs drawn, at no cost to you. Your child can come for a sick visit, at no cost to you.

We have a vast offering of services that would mirror your primary care provider's office. At this time, we are not offering vaccines, other than flu vaccines, and we are not an ER, so we cannot provide emergency services.

If you have specific questions, please do not hesitate to call us at (531)201-4146 to ask if the service that you are looking for is offered at the onsite and/or near site clinics.



What are the hours for the onsite clinic?

We will have a medical provider available for appointments at the following times:

Monday: 8:00am -12:00pm

Wednesday: 12:00pm - 4:00pm

Friday: 10:00am - 2:00pm



Do I need to stay on Midwest Labs Benefit Package?

Yes, this benefit is provided as another level of access to primary care. It is not a replacement of your healthcare coverage. You will still need your insurance for catastrophic events or to see a specialist if you are referred to one.



Why did Midwest Labs partner with Strada Healthcare?

Midwest Labs partnered with Strada Healthcare to elevate the overall well-being of its employees. This new offering is centered around providing a comprehensive and accessible healthcare solution. One of the key highlights of this partnership is the introduction of an onsite clinic, in the Steamfitters Building, and a nearsite clinic, located on Nicholas street. Employees and their eligible dependents can access healthcare through these clinics at zero cost.

By integrating Strada's healthcare model into your benefits package, Midwest Labs and Strada are aiming to create a unique and convenient outlet for employees to access healthcare. The near-site and on-site clinic also focus on preventive care, contributing to improved health outcomes for employees and their families.



If I already have a primary care provider, why would I use this benefit?

Strada does not want to discourage you from continuing your relationship with your primary care provider, however, we are often able to accommodate same to next day appointments, so we are a great option if you cannot get into see your primary care provider. Your labs and other services are also 100% covered through the onsite/near site clinics, so you can have your labs drawn for free and are more than welcome to share them with your primary care provider to discuss.



What is the difference between Strada and First Stop Health?

First Stop Health is a virtual healthcare service that Strada Healthcare partners with to provide 24/7 telehealth access for our groups. So if it is a Saturday morning and you think you have strep throat, you can call First Stop Health instead of visiting an urgent care or waiting until Monday to schedule an appointment with Strada. You can access First Stop Health anytime by calling 1.888.691.7867.

Contact Information

info@stradahealthcare.com

531.201.4146

www.stradahealthcare.com

